

Breakfast

All our ingredients are locally sourced and delivered fresh by local suppliers. Our eggs are free-range and Red Lion stamped, our fish is sustainably sourced and MSC approved and our meat is British Red Tractor accredited wherever possible.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
PORRIDGE 80p	PORRIDGE	PORRIDGE	PORRIDGE	PORRIDGE	PORRIDGE
WHY NOT TRY OUR EXTRA TOPPINGS AT 20p PER ITEM					
DAILY POTS 75p	FRESH FRUIT YOGHURT GRANOLA / OATS	FRESH FRUIT YOGHURT GRANOLA / OATS	FRESH FRUIT YOGHURT GRANOLA / OATS	FRESH FRUIT YOGHURT GRANOLA / OATS	FRESH FRUIT YOGHURT GRANOLA / OATS
PLANT BASED £1.20	BANANA PANCAKES	SMOKY BBQ BEANS ON TOAST	WHOLE WEAT BERRY MUFFIN	POTATO & VEG HASH	SWEET POTATO & BERRY FLATBREAD SERVED WITH MAPLE SYRUP
TAKEAWAY TUBS MEDIUM £1.00 LARGE £1.30	BEANS, HASH BROWN, SAUSAGE OR VEGGIE SAUSAGE	SCRAMBLED EGG, BEANS, CHEESEY TOPPING	HASH BROWN, TOMATO, BACON OR CHEESE	CHEESEY OMELETTE AND BEANS	SAUTÉ POTATOES, BEANS, BACON OR CHEESE
ADD A SLICE OF TOAST FOR 15p					
HOT WRAPS & ROLLS FROM £1.40	BEANS, HASH BROWN, SAUSAGE OR VEGGIE SAUSAGE	SCRAMBLED EGG, BEANS, CHEESEY TOPPING	HASH BROWN, TOMATO, BACON OR CHEESE	CHEESEY OMELETTE AND TOMATO	SAUTÉ POTATOES, BEANS, BACON OR CHEESE

Simple Breakfast Bag
Bacon, Sausage or Egg
Only £1.20

**Croissants
& Pastries**
From 90p



**Smoothie
of the day**
Only £1.00



**Fresh
fruit**
Only 40p

**Cheese on
Toast**
60p a slice

**Free
Hydration
Station**