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Dear parent(s)/carer(s)

I hope this letter finds you well and safe.

The focus of this update is around your and your child's wellbeing, along with some useful resources that may enrich all of your time in isolation.

The next two weeks would traditionally have been Easter holidays. Let's keep it that way and maintain some normality to an increasingly abnormal situation. It is important that your child has a break from remote learning too, so new work that has been allocated will not be expected until *after* the holiday.

In the light of the government's forecasts about sustained school closures lasting potentially until September, we are investigating supplementary methods of bringing teaching into your home, through video/voice-over supported lessons, in particular for Year 10 and Year 12. We will be in touch again regarding these once a decision has been made. Your child has been emailed guidance about accessing our file sharing site, Microsoft Teams, which they should follow as this will feature as part of a longer-term learning plan.

In the meantime, can we wish you a pleasant Easter break. Please note that in line with normal holiday expectations, responses to email inquiries raised with staff may be delayed. However, a member of the Leadership Team will be in school during school opening hours while students of keyworkers continue to be catered for, who may be able to help should you have an urgent inquiry. Please continue to keep an eye on your email and the school website for further updates.

Our very best wishes

The Leadership Team



Enrichment Activities/Events

Activity 1 – Kindness Calendar

The Red Cross is running an activity aimed at all ages to promote kindness in these difficult times. More information can be found here <https://www.redcross.org.uk/get-involved/teaching-resources/kindness-calendar>

Activity 2 – Mind.org.uk Coronavirus and your wellbeing

This site has lots of useful advice regarding coping with an extended period of isolation <https://www.mind.org.uk/information-support/coronavirus/coronavirus-and-your-wellbeing/#collapsed5082>

Activity 3 - Stress reduction Yoga

Miss Kenny-Moore, a teacher at the school also runs a yoga school. She has kindly shared some beginners guide videos that you can access below. They are very gentle introductory activities, However, please note unless you are an existing client of Miss Kenny-Moore's, you follow the guidance at your own risk and the school cannot be held responsible for any potential injuries sustained. The password for the videos is TheYogaDenHull

<https://vimeo.com/344832898>

<https://vimeo.com/343423329>

<https://vimeo.com/341628108>

Activity 4 – Online STEM (Science, Technology, Engineering, Maths) Careers Experiences

On 18-26th April the InvestIN group are running a series of online events relating to getting into careers in STEM. Although aimed at students aged 15 or over, budding engineers, medics, psychologists, computer scientists, bankers and architects will benefit from some work experience from the comfort of their own homes. They are delivered by top professionals who will immerse students in simulations of their real-life work PLUS be on-hand throughout to answer their questions live. To register click [this link](#).

Activity 5 – Field Studies Council Activity Week 20th April – 1st May

During the spring/summer months we would normally be running some fieldwork related lessons in our grounds. In the absence of the ability to do this we would recommend taking part in one or more of the live lessons run by the Field Studies Council. These will support your child's Geography and Science skills in particular. They cover primary up to 6th Form age. Follow this link below to register interest.

https://www.field-studies-council.org/2020/03/31/fsc-fieldworklive/?utm_source=Educationco&utm_medium=Email&utm_campaign=Fieldworklive&ref=email&dm_i=65YE,VTJ,N3KBV,315C,1

Activity 6 – A day at Chester Zoo

Chester Zoo are offering live tours via their facebook page, with information provided by the zookeepers. <https://www.facebook.com/chesterzoo1> to find out more

A further selection of activities that cover a range of ages can be found here

<https://www.marieclaire.co.uk/life/29-kids-activities-during-lockdown-691585>

Online Safety

Please remember that with the additional time your child may be spending online, that they are more subject to threats. The organisations below provide useful guidance on this.

- [Thinkyouknow](#) (advice from the National Crime Agency to stay safe online)
- [Internet matters](#) (support for parents and carers to keep their children safe online)
- [Parent info](#) (support for parents and carers to keep their children safe online)
- [LGfL](#) (support for parents and carers to keep their children safe online)
- [Net-aware](#) (support for parents and careers from the NSPCC)

